

Tracks and Workshop Presentations

Conference Goals

- To improve knowledge of current research, evaluative techniques and best practices that benefit infants and young children;
- To promote networking and strengthen early childhood partnerships, programs, and initiatives at community, regional, and state levels;
- To promote the benefits of prevention and education and enhance the quality of early intervention services in Idaho;
- To strengthen and support families and the unique and diverse populations within Idaho communities.

Tracks:

Four conference tracks will be offered. Each track features workshop presentations which explore "what's new and what's working" to help children and families. You may attend sessions in any or all tracks. Please use the workshop number to indicate your selections on the registration form.

Levels:

All presentations have been selected for excellent content and quality. If there is no level designation, the presentation is suitable for all audiences. Sessions noted as Int (Intermediate) or Adv (Advanced) offer more intensive professional content.



Building Family Strengths: Identifies and supports the unique and specialized needs of children and their families.



Health/Safety and Well-Being: Emphasizes the importance of supporting and nurturing young children, including safety issues, child abuse and neglect, prevention and intervention. This track encompasses both physical and mental health issues relating to infants and young children.



Early Care and Learning: Focuses on early child development, research and educational practices that enable infants and young children to reach their maximum potential.



Program/Professional Development: Highlights program models and best-practices to enhance professional work with young children and families.

TUESDAY, NOVEMBER 16, 2004



Building Supportive Communities for Families of Young Children

Int

Learn what resources are needed by families of young children and the extent to which Idaho's communities are meeting those needs. The session will consider community-based strategies for building supportive communities based on recent surveys and a community model.

Harriet Shaklee, Ph.D., the Family Development Specialist for the University of Idaho Extension, enjoys bringing current research findings to families and communities. She also works in program evaluation and conducts research.

How Can Quality Standards Strengthen Your PAT Program

Int

The Quality Standard is a new tool that provides Parents as Teachers programs with a comprehensive guide to evaluate programs and articulate best practice. This workshop will explore the PAT logic model and quality standards to support PAT programs in Idaho.

Diane Demarest, M.Ed, .has a background in child and lifespan development, experience in hospital based parent/child education and research. She is program coordinator for the U of I Parents as Teachers Demonstration Project.

A-3 **Got Nutrition? Specifics for Young Children**

This session will help you incorporate sound nutrition into your children's daily life. Trends and research in child nutrition will be explored, along with encouraging good nutrition for young children using free resources. Interactive classroom activities, snacks, meal ideas and family involvement will be covered.



Kelly Buhler, R.D., is the Nutrition Education Specialist for the Idaho Dairy Council, managing the development and execution of nutrition education programs, communications, and school food service programs.

A-4 🎇 Child Care Health Consultation

Join us for a panel discussion addressing the definition, role, and status of childcare in Idaho and what is happening with child care health consultants and training. Participants will play a game show quiz about health standards and review the Environmental Rating Scale, a tool for program quality.

Karen Mason, M.S.W., M.Ed., is the executive Director of Idaho Association for the Education of Young Children (Idaho AEYC), leading projects to increase the quality of care for Idaho's young children. Larraine Clayton, M.Ed., Director of Success by Six and Lesley Schoch, M.Ed., will also present.

A-5 (*)

Development Depends on Relationships -Part I

Adv

This session will explore the influences of children's relationships with caregivers on brain development, self-understanding, emotional growth, school readiness, and other critical aspects of early development. The importance of relationships as they impact policy and practice will also be addressed.

Ross Allen Thompson, Ph.D. is a Professor of Psychology at the University of California, Davis. His research interests include infant-parent attachment and parent-child relationships, the growth of conscience and emotional understanding, emotional regulation, and applying developmental research to public policy. His books include: From Neurons to Neighborhoods: The Science of Early Childhood Development, Preventing Child Maltreatment through Social Support: A Critical Analysis and The Post divorce Family: Children, Families, and Society.

A-6

Addressing the Gap: Grandparents as Parents

This workshop addresses the unique needs of Grandparents as Parents (GAP). The workshop explores the challenges and rewards of parenting a second time, implications for grandparents and grandchildren, and provides local and national resources to support GAP families.

Carol Hampton, M.A. is University of Idaho's Extension Educator in Boundary County. She supervises the PAT program and teaches programs in family well-being and food safety. She has conducted research and programs for GAP.

A-7

Honoring Family Literacy Through Culturally Responsive Practices

Participants will learn culturally responsive practices and increase their awareness of the needs of minority families and children in developing school readiness. Culturally appropriate activities that enhance parenting practices and strengthen the link between home and school for English Language Learners will be addressed.

Jose Velazquez, M.Ed., ABD and Frank Hernandez, M.Ed. of Northwest Regional Educational Laboratory bring experience as teachers, principals and consultants to programs and schools in Idaho. They have developed culturally sensitive training and materials to support family literacy and learning.

A-8

Ordinary Miracles: Changing Attitudes to Increase Inclusive Practices for Children

Meet the Special Quest Project--collaboration between Early Head Start, the Infant Toddler Program and private child care providers. A panel of parents and early childhood professionals will discuss their experiences with inclusion. Explore personal attitudes related to disability issues and learn strategies for finding and using services, resources, and technology to include ALL children, especially those with significant disabilities.

Panel Members are: Kristina Rice, B.A., parent and community advocate for individuals with disabilities, Ann Robertson, M.A. Friends of Children & Families Early Head Start/PAT Program Manager Jeanette Kreider, M.A., Director of the Easter Seals: The Growing Place, Boise, Anna Smith, B.A., Early Intervention Specialist, Marilee Haynes, M.A., Disabilities Coordinator, Friends of Children and Families, Inc. and Judy Last, B.A. Family Educator, Early Head Start.

A-9 (*)

Father Involvement and Literacy Enhancement

In this workshop we'll learn how dads involved with young children can enhance literacy development and future success in school and in life. This session with activities for parents and family advocates was presented at the National Head Start Institute on Father Involvement, June 2004.



Patrick Mitchell, B.A., The "Down To Earth Dad", is chairman of the Community Fatherhood Project and a member of the Board of Directors with Idaho Child/Family Assistance, Resources and Education (I.C.A.R.E.) In Kootenai County, Idaho.

Reflective Supervision for Pre-service and Professional Development

Int

A panel comprised of a student, faculty member, childcare provider, and supervisor will explore and describe the art of reflective, collaborative supervision and its impact on professional growth for all participants in the process.

Panel members are: Carrie Mori, Ph.D., OTR/L, Department of Early Childhood Studies, BSU; Nichole Billetz, BSU Student; Cammy Chatterton, B.A., Friends of Children and Families, Inc. Early Head Start; and Ann Robertson, M.A., Director of Friends of Children and Families, Inc. Early Head Start.

B-2 Great Books for Young Children

Participants will explore the latest early childhood literature while learning strategies for using books, the most appropriate literature to support young children's development, and leave with wonderful lists and handouts.

Stan Steiner, Ph.D. Professor and Chair of the Department of Literacy, Boise State University, has written many articles on using literature for learning and promoting social justice. He's known as "the book man" because of his vast knowledge of children's literature.

B-3 Looking Upstream: Toxic Threats to **Child Development**

Learning and developmental disabilities (LDDs) are currently estimated to impact one in six children in the U.S. Recent research reveals that certain neurotoxins such as lead, mercury, pesticides, solvents, etc., can impact brain function starting with fetal development and may ultimately lead to LDDs. This session will present the latest science on the links between environmental exposures and showcase model programs on the community and national levels.

Elise Miller, M.Ed. is founder and Executive Director of the National Institute for Children's Environmental Health fostering collaborative initiatives among diverse sectors to reduce environmental exposures that undermine children's healthy development.

B-4 🎇 Batterers as Parents - Assessing Risks

Int

This session identifies some of the risks to children from exposure to batterers. It will help identify characteristics, dynamics and tactics of batterers and how they affect children's development. Treatment for batterers, non offending parents, and children will also be addressed.

Tom Wilson, M.A., LCPC, is a Licensed Counselor, Domestic Battery and Assault Evaluator, Batterer Treatment Program Provider and DUI and Substance Abuse Evaluator

B-5 (*)

Development Depends on Relationships -Part 2

Adv

This will be a continued exploration of the key issues and the primacy of close relationships for healthy development.

Ross Allen Thompson, Ph.D. Professor of Psychology at the University of California, Davis. See A-5

B-6 (*) **Learning Through Play: A Workshop for Parents and Childcare Providers**

This highly interactive workshop introduces you to Idaho Public Television's Learning Triangle: View-Read-Do. Link your child's television viewing to a book and a hands-on activity to make learning fun and effective. Leave with new ideas and a free children's book.

Lynn Allen, B.A., Idaho Public Television's Ready to Learn Coordinator, develops and presents workshops for parents and providers. She edits a monthly newsletter for caregivers and trains partners who receive First Books for underprivileged children.

Authentic Assessment: The Intersection of Personality and Standards

Int

This session will briefly review principles of assessment for children birth to 5 and explore how a child's individual personality "spin" affects learning. The presentation will demonstrate an assessment approach based on the Ounce Scale Assessment for infants and toddlers, and the Work Sampling System for children 3-8.

Sally Pena, Ph.D., professor of Early Childhood Education at ISU, directs the Early Childhood Partnership School and helped create the blended certificate. Becki Ketterling Boyd, B.A. and Amy Koplin, B.A. are lead teachers, graduate students and faculty at ISU's Early Childhood PartnershipSchool.





Emotionally Available and Ready for School: More Than The ABC's

School readiness is much more than "ABC and 123." This session will focus on how attachment and emotional availability within the family are related to children's adjustment to school, social and emotional development, problem solving and learning.

Zeynep Biringen, Ph.D. Assistant Professor, Human Development and Family Studies, Colorado State University, researches and writes on attachment, emotional availability, the emotional context of school readiness, the effects of divorce on children, and developmental transitions. Her most recent book is Raising a Secure Child: Creating an Emotional Connection between You and Your Child.



Achieving Outcomes Through Positive Relationships with Children and Families

Int

Finding the right services can overwhelm a family. The session focus will be on achieving outcomes through positive relationship with children and families. This session also describes the Universal Application System, a web-based interagency application for families of children, especially those with special needs, enabling them to complete applications for various programs at a single location.

Adrienne Akers, M.S., R.T.P., a Senior Researcher at Early Intervention Research Institute, works on projects related to service integration. She has conducted infant mental health training on a national and regional basis and has presented and co-authored with Victor Bernstein.



Resources for Preparing Personnel to Support ALL Young Children

Supporting inclusion within the context of program and child outcome standards requires new knowledge, skills and abilities. This session offers methods, models and materials for leadership personnel (faculty, trainers, supervisors, administrators). Information and resources for infusing content related inclusion of children with special needs and disabilities will help make sure that NO child is left behind. Tips, handouts and examples will be provided.

Camille Catlett, M.A., is an investigator at University of North Carolina's Frank Porter Graham Child Development Institute. She directs three federally-funded early childhood projects and works in nine states to support preparation of the future early childhood and early intervention workforce.

Making Professional Development Dreams Come True

Explore the new focus on quality care and education for our youngest citizens. A panel of early childhood professionals will highlight opportunities for professional development available through the Idaho Association for the Education of Young Children.

Panel members: Brenda Breidinger, M.A., IdahoSTARS: Julie Prince, B.A.S., T.E.A.C.H. Scholarship Program; Julaine Ziegert, M.A., Mentors for Early Care Education Program.

C-3 Addicted Parents: Why Do They Act **That Way?**

Popular movies play a significant role in our American culture. This workshop uses movie clips to educate and inform about the power of addiction, to analyze societal and cultural views surrounding these issues, and provide examples of how movies can assist us in treating addicted parents.

Carla Jakabosky (Dvoracek) M.Ed., CAC, MSW, coordinates training programs for Idaho Health and Welfare at the Idaho Child Welfare Research and Training Center, and teaches at Eastern Washington University in both social work and addiction studies.

Casey Jackson, LICSW, ACSW, CDC, is the lead clinical reviewer at the Washington Institute for Mental Illness Research and Training at Washington State University.

C-4 🎉 Enhancing Communication and **Self Care Participation with Nonverbal Preschoolers**

Nonverbal young children commonly exhibit aggressive or resistive behaviors. This panel presentation will describe best-practice strategies for enhancing communication and self-care in young, nonverbal children who have challenging behaviors. Specific strategies will be highlighted. The panel will include an occupational therapist, a speech-language pathologist and two parents.

Panel Members: Robyn Wu, B.S., an Occupational Therapist, has worked with young children many settings and has expertise in sensory integration and therapeutic listening. Amber Gresham, M.S., CCC-SLP a Speech-Language Pathologist at St. Alphonsus Rehabilitation Services, provides pediatric speech and language therapy. Pam Gaona and Tresa Ball are parents who have worked with these therapists.

Teaching Nurturing Skills to Parents of Young Children and Professional Providers

Learn ways to strengthen the parent-child relationship and encourage positive behaviors in children. Use play and effective communication that builds self esteem in children to develop healthy relationships.

Nathalie Kretzmann, M.S., founder and Director of Parents Encouraging Parents, teaches parenting classes in person and via the Internet and is a child counselor in Grangeville, Idaho.

C-6

Kindergarten Transition Begins at Birth; **Early Literacy Does, Too! Intentional Fun!**

The first years of life, while the brain is most actively developing, are a prime time for kindergarten preparation. Come to learn ways to educate, stimulate, train, and play with young children to assure their readiness for school.

Maria Delgado, B.A., the School Readiness Specialist at the State Department of Education. has taught Bilingual, Dual Language, and ESL in K-12 and Adult ESL in Idaho and Texas. Marti Monroe, Ph.D. licensed Marriage and Family Counselor and Early Literacy Specialist, consults with PAT, and teaches Parenting the Positive Discipline Way.

C-7 Addressing Challenges Adults Face in **Feeding Children**

Learn about challenges faced in feeding children and practical ways to address the picky eater. Explore the paradox between hunger and obesity and learn hands-on lessons that will affect children's eating behaviors.

Jean Heinz, R.D., is Director of the USDA Child and Adult Care Food Program. She has authored numerous articles on nutrition and feeding young children.

C-8

Beyond Cinco de Mayo and Sombreros: Exploring Culturally Appropriate Practices

Int

Help to promote and support the cultural identity of young children. Participants will explore working with diverse populations, involving the community, enhancing the parental role in supporting cultural identity, and understanding the biases and values we bring to our early childhood settings.

Alejandra Rebolledo Rea, B.A., is the Program Director of the Idaho Migrant Council/Migrant and Seasonal Head Start.



C-9 🎇 Raising a Secure Child: Creating **Emotional Availability Between a Parent** or Caregiver and a Child

Adv

This session will focus on attachment categories and the construct of emotional availability in adult-infant and adult-child relationships. The importance of childhood experiences will also be covered. This presentation is based on Dr. Biringen's book by the same title.

Zeynep Biringen, Ph.D., Assistant Professor, Human Development and Family Studies, at Colorado State University, researches and writes on attachment, emotional availability, the emotional context of school readiness, the effects of divorce on children, and developmental transitions.

C-10 🂥 I Can't Breathe! Asthma and Its Impact on Learning

Asthma is a growing health concern in young children. Currently, 70,000 manufactured chemicals are in common use, and their impact on health, in most cases, is unknown. This presentation will address toxicants common in a child's environment (air, water and food), their health effects, and strategies for decreasing exposures

Jean Woodward, B.S., Manager of the Idaho Asthma Prevention and Control Program for the Idaho Division of Health, presents health education workshops and seminars throughout the state.

WEDNESDAY, NOV. 17

D-1

Supporting Early Literacy for Infants, Toddlers, and Preschoolers

What makes a great book for infants, toddler and preschoolers? How can libraries and communities work together to support language development activities for babies and toddlers? Learn 10 strategies to help parents and caregivers and review great books for young children.

Stephanie Bailey-White and Peggy McClendon coordinate the Read to Me program, a project of the Idaho State Library. They provide professional development and public information to libraries and community partners statewide.



D-2 (*)

Kindness and Firmness Together: Simple Tools for Lifelong Relationships

Walk the talk of kindness and firmness. Understand the challenges and learn simple tools to make being "firm and friendly" a way of life with less effort, doubt or guilt. This workshop will be fun, useful and experiential.

Jody McVittie, M.D., a family physician, now teaches parenting and trains parent educators and school staff to build healthy communities.



Int

Learn an interactive approach to teaching parents, care providers, and teachers to recognize and support social-emotional development in children, birth-to-three. Through photographs, music, stories, and fun hands-on activities, participants will assemble a sample "Parent-Child Relationship Survival Kit."

Carol Grise, M.A., a licensed Marriage Family Therapist, is the Mental Health Specialist at Mountain States Early Head Start.

D-4 🂥 Enduring Success: Helping Foster, Adoptive, and Birth Parents to Build **Success with Challenging Children**

The title says it. Dr. Kunstal brings a wealth of knowledge and practical experience to this presentation.

Frank Kunstal, psychotherapist, treats challenging children and their families. He consults and trains in attachment and related childhood disorders, special needs children, foster and adoptive placement, kinship and residential care, innovations in child and family psychotherapy, assessment and treatment of seriously emotionally disturbed children, and trauma related to abuse, neglect, exploitation, loss and disruption.

D-5 (*)

Putting the Pieces Together: Maltreatment and Child Development - Part I

Int

Identify the effects of maltreatment on a child's physical, social, emotional and educational development and on a child's behavior at each developmental stage. Explore the systemic implications of child abuse for families. Review legal definitions of abuse and neglect and the response of

the child welfare system. Brainstorm resources and intervention strategies with colleagues.

Kim Fordham. LMSW, is Foster/Pre-Adopt Training specialist for Idaho Child Welfare Research and Training Center. Roxanne Anderson, MSW, is the University Partner through North Idaho College. Both presenters are social work graduate faculty.

Using an Infant Mental Health Model to Strengthen Interagency Relationships

Int

Participants will learn to share observations and inquiries to support parents in developing the best possible relationships with their children. Cultural and individual family factors that affect the interaction with the parent-child relationships will be explored. A series of videotapes will be used to help participants see what works and what doesn't. Participants will be exposed to techniques for developing supportive relationships and sharing their observations in a non-judgmental manner.

Adrienne Akers, M.S., RPT, is a Senior Research Scientist at Early Intervention Research Institute, Utah State University and works on projects related to service integration. Working as a pediatric physical therapist gave her firsthand knowledge of the issues facing children with special health care needs and their families. She has conducted national infant mental health training, and has presented and co-authored with Victor Bernstein.

D-7

Let's Talk: Language Foundations for Early Literacy

Parents, caregivers, and early childhood educators will learn to help young children acquire language skills needed for literacy development and social interaction.

Lucy Hart Paulson, Ph.D., is a research faculty member in the Division of Educational Research and Service and is the Project Director of the Montana Literacy Project. She is an experienced speech and language pathologist. She has authored Building Early Literacy and Language Skills, Good Talking Words, and guides and programs for preschool and kindergarten.

D-8

Beyond Songs and Snacks: Strategies for Supporting the Unique Cultures of Children and Families

Int

Methods and materials for learning and honoring an array of cultural differences (e.g., socioeconomic, geographic, ethnic) along with activities



for self-awareness, tools for examining current practice, and resources to support teaching, training and personal use will be featured. Tips for finding high-quality, low-cost, culturally sensitive resources will be shared.

Camille Catlett, M.A., is an investigator at the University of North Carolina's Frank Porter Graham Child Development Institute. She directs three federally-funded early childhood projects and works in nine states to support preparation of the future early childhood and early intervention workforce.



Culturally Relevant Inclusion of Infants and Toddlers with Disabilities in Native **American Programs**

This presentation details a system of continuous, individualized, and culturally-aware care for infants and toddlers with disabilities in a Native American Indian Early Childhood Learning Center. Participants will meet Tate, Everett, and Colin each of whom provides a personal glimpse into the meaning of culturally-relevant and inclusive services in natural environments. The session will include brainstorming and practice planning for culturally supportive learning.

Kathleen Miller Green, M.A., is a Preschool Education/ Disabilities Coordinator for the Coeur d'Alene Tribe Head Start Program and The Early Childhood Learning Center.



An Action Model for Program Evaluation

Int

This workshop highlights activities and tools needed to assess outcomes at four levels of program evaluation: 1) evaluating reaction 2) learning, 3) behavior, and 4) results. The four-level plan, useful instruments, and some pilot instruments will be shared. This model helps programs align evaluation efforts with stakeholders' expectations and program goals.

Diane Demarest, M.Ed., is program coordinator for the U of I Parents as Teachers Demonstration Project and works with program evaluation and research.

E-2 (*)



The Twelve Commandments of Parenting: The Shoulds, the Good Intentions, and the Disasters

Family life and relationships within have the best chance to offer children what they truly need. This session will give you hope that you will

appreciate better we should be optimistic about children, from those of the hardest backgrounds to those of the most loving families.

Frank Kunstal treats challenging children and their families. He consults and trains parents and professionals in attachment and related childhood disorders, special needs children, foster and adoptive placement, kinship and residential care, innovations in child and family psychotherapy, assessment and treatment of seriously emotionally disturbed children, and trauma related to abuse, neglect, exploitation, loss and disruption. He is a popular columnist and appears often on TV and radio. He's a believer in the healing power of families.

E-3 Cral Health and Learning: What's the Connection?

Learn about the importance of good dental hygiene on children's learning, and explore the health belief model and information about current methods of cavity prevention. The presenters will discuss motivational techniques to use with parents and children for following health recommendations.

Tara Johnson, RDH, is Assistant Professor and Community Dental Health Coordinator at ISU. She has coordinated programs for special needs groups and served on the Idaho State Board of Dentistry. Karla Kudtke, RDH, B.S., Oral health Program Coordinator with Southeastern District health, has dedicated 30 years to improving the oral health of Idaho's children.

E-4

Stories for Capable Children

Parents and teachers can use stories for comfort, to learn about mistakes and forgiveness, and to explore the world through childhood adventures. Participants will mine their own life experiences and engage in hands-on techniques for dramatizing and recording stories for young children.

Joy Steiner, M.A., a master storyteller, and artist with the Idaho Commission on the Arts, teaches music and storytelling at BSU and performs all over the country. Her CDs will be available for sale.

Putting the Pieces Together: Maltreatment and Child Development, Part II

Adv

This presentation will give greater depth and elaborate on Part 1 offered in the D-5 slot.

Kim Fordham, LMSW, is Foster/Pre-Adopt Training specialist for Idaho Child Welfare Research and Training Center. Roxanne Anderson, MSW, is the University Partner



E-6

Play, Relationships and the Growing Brain

Int

This presentation will describe how basic brain functions, plasticity and development impacts relationships, memories, and learning for young children. Dr. McVittie will explore ways to use this information to enrich the lives and relationships of parents, children, and educators.

Jody McVittie, M.D., a family physician, now teaches parenting and trains parent educators and school staffs to build healthy communities.

E-7 \int

Who Has Good Talking Words: Developing Social Communication Skills in Young Children

This presentation describes techniques that teach children expected behaviors and give them "words" they can use to interact in socially appropriate ways. Strategies to model, reinforce, and re-teach these important skills in developmentally appropriate ways will be described. These are skills young children need to develop literacy and other academic skills vital to school and life success.

Lucy Hart Paulson, Ph.D. is a research faculty member in the Division of Educational Research and Service and is the Project Director of the Montana Literacy Project. She is an experienced speech and language and has authored Building Early Literacy and Language Skills, Good Talking Words, and guides and programs for preschool and kindergarten.

E-8

Assessing and Planning for School Readiness in Rural Idaho

Methods for obtaining community data and developing a regional action plan to raise the level of school readiness of children will be described. The session is a presentation of findings in a study of teacher and parent beliefs and expectations regarding school readiness and includes discussion.

Marci Schreiber, B.S., is the Director of the Young Children and Family Programs of the Palouse in Idaho and Whitman County, Washington region. Dale Gentry, Ph.D., former Dean of the College of Education, University of Idaho, works with doctoral students, and serves as evaluator/consultant for children's education programs.

E-9 Moved to another time – see C-10